



Walk to
Emmaus
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[Overlook Retreat & Camp Ministries](#) Tommy Crosby, Director 540 2MY-CAMP CampOverlook@gmail.com www.CampOverlook.org

With assistance from Overlook, this newsletter is mailed to those who do not use email and will be posted on the ShenandoahValleyEmmaus.org website. If you have received this printed edition and use email, it would be very helpful to have your email address. Over time, this saves the community considerable expense and will get information to you more quickly as the newsletter will be published only several times a year. Please email Ron Robey at Robeyhome@gmail.com with your updated information.

Men's Walk #105, April 25-28 & Women's Walk #106, May 2-5

Lay Director— Jim Dillard
Lead Spiritual Director—Daren Buse
Full teams and Pilgrims listed on our web site: ShenandoahValleyEmmaus.org

Lay Director— Debbie Buckley
Lead Spiritual Director—Gayle Thornberry

Prayer Is The Foundation

Emmaus needs your prayers-
Pray for the teams that are training and growing in spiritual formation. There are over 50 for the combined walks.

Pray for Pilgrims who have committed to experiencing Christ in a new way and for those who are hesitant or struggling with busy schedules. There is **still a need for more** pilgrims, but you will have to move very quickly to submit their applications.

Pray in the 72 Hour Prayer Vigil during the walks. There are 144 half hour slots for each walk. Your prayers lift pilgrims and teams alike closer to Christ. You may sign-up online at ShenandoahValleyEmmaus.org, or by calling Catherine McLaughlin at 434 591-0005



What is the Power in Candlelight?

You know, it seems pretty simple... show up at camp, short time of praise and worship, hold a candle and go home. Yet, time and again we hear pilgrims describe it as "a glimpse of heaven, the moment I finally got it, seeing Jesus on each face, overwhelmed to tears by Christ's love,..."

The power lies partly in the promise made in Matt. 18:20, "For where two or three are gathered in my name, there am I among them." It also lies in the sacrificial love expressed by surrendering a Saturday night, making a long trip and standing in the dark lighting the way even as Christ lights the way. All of this just to say God loves you and so do I, without saying an actual word. Jesus calls us to love all others, to give ourselves to them, and to make disciples of all nations.

Remember the Changing Our World Talk? I am not an eloquent speaker. I do not have presidential powers, or vast resources, but I can hold a candle which reflects the light of Christ's love that can help change one person, and they in turn can change another.



Make a commitment now to give yourself through Candlelight, April 27 and May 4 at 8:00 pm.

Be a part of the great cloud of witnesses who support and impact others on the journey. Hebrews 12 It will put a glow on your face! Besides, I would like to see you again!

Community Gathering May 18, 10-noon Asbury UMC

Do you remember why we have Gatherings at the end of most months? Do you remember the power of the message of Christ's love and His counting on you which was shared on your Walk? Have you been able to keep up with the new brothers and sisters you met?

Gatherings are intended to draw us together again, to remember and celebrate Christ moving amongst us, and to strengthen our commitment to growth through piety, study and Christian action.

What's more, we have fun, enjoy some wonderful singing and feast with Christ around the table.

Round up your old table group, Gather with the community and then have a little reunion over lunch together! Wear your colors!

Emmaus Calendar

Men's Walk 105	Apr. 25-28
Women's Walk 106	May 2-5
Gathering - Asbury UM	May 18
Gathering - Grove St. UM, Petersburg, WV	June 8
July w/ Bishop Lewis	Cancelled
Emmaus Picnic Overlook,	Aug. 24
Gathering - Front Royal UM	Sept 28
Men's Walk 107	Oct. 3-6
Women's Walk 108	Oct. 10-13
Gathering- Asbury UM	Oct. 26
Gathering- McGaheysville UM	Dec. 14

Sponsor Partners

Sponsoring is a gift of God's grace to the pilgrim but also enjoyed and benefiting to the giver. You cannot out give God!

If presently you cannot take on all the responsibilities of a Sponsor but would like to help someone who is sponsoring a pilgrim and needs some help, we need you! Case in point: a sponsor is reaching out to a couple to experience Emmaus. They have two sponsor fees to cover and would love to have some help.

Sponsor Partners express a willingness to be called on in times of need but do not provide funds until called. Jan Goodrow Humphries is coordinating this program (540 574-3409). (Support offers are usually \$25.)

Can we send you a sign-up sheet? Provide Ron Robey (540 421-9298) with your address or email and we will send it to you!



Emmaus Picnic!

August 24! Save the Day!

If you think the snack table was a feast, wait to see the Picnic Spread! This will be a great day of food, fellowship, fun, and faith sharing! It is a family event with games, swimming and wonderful relaxed

Camp Corner

Children cannot participate in the Upper Room's Walk to Emmaus but they can take an Overlook mini-version this summer. The camp weeks start where they left off last summer, with Easter! Campers actually visit the empty tomb and later on Monday evening after hearing Luke 24, they will walk through camp in pairs and be joined by a third, a Jesus character, who explains the scriptures and breaks bread with them. It is nearly a re-enactment except it is a real faith experience for the kids.

If you can help share Jesus on a Monday evening in June or July, contact Kelli Sprague, 540 2MY-CAMP, or email

CampOverlook@gmail.com.

Bring your walking shoes! Walking the Overlook hills is part of the kids' Emmaus experience!

Gatherings Near You!

We know the geography of our community is expansive and it is often hard to make it to a Gathering for renewal of our Fourth Days. To help, we are trying to conduct a Gathering near you at least once a year. There is generally one each month, but they will be in different locations. Upcoming places are noted on the front and identified fully on our website.

Each Gathering has its own personality. Fun, praise, inspiration and breaking bread together are a part of each but there is even more....

In Staunton, the K'town Dillard's brought Emmaus to Hee-Haw, and Walk # 104 revealed Emmaus and belief through a new rendition of Grandma Got Run Over by a Reindeer!

In Culpeper, we had a hands on opportunity to give ourselves through the making of Table Agape. You should note that it is wise to clean the sticky from home made donuts off of your fingers before working on Agape.

In Harrisonburg, the unthinkable happened! Culpeper stole the prestigious Rooster Award for attendance at that Gathering! Hmmm, maybe distance can be overcome after all!

July Gathering Cancelled

Plans have been put on hold for a Regional Gathering for the entire state of Virginia, hosted by Shenandoah Valley Emmaus. Our Fourth Day Speaker, Bishop Sharma Lewis, is presently on medical leave to recover from surgery. We felt it best to back off of our 3 day event at Overlook until another possible year.

Serve the Community as a Board Committee Chair

These people work to sustain Emmaus experiences and leadership. 1/3 of them finish their *tour* this year. Christ and Emmaus are Counting On You! Is this where you can serve?

Mary Jeffries	434 227-0457	MaryEJeffries@gmail.com	2019
Theresa Tracey	540 459-7090	Treeza@shentel.net	2020
Thom Bailey	540 327-4475	SusanThomBailey@gmail.com	2021
Ron Robey	540 421-9298	RobeyHome@gmail.com	2019
Debra Cline	540 470-8744	debracline@vaumc.org	2019
Chris Russell	540 383-8344	ChrisR@valleyhomesusa.com	2021
Randy Robinson	540 810-2692	rrcaver@gmail.com	2021
Catherine McLaughlin	434 591-0005	catdmclaughlin@gmail.com	2019
Jenny Steinbach	540 607-8532	SteinbachJD@gmail.com	2020
Ginny Bowman	540 820-1748	shenandoahcurrent.gb@gmail.com	2019
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Stan Michael	540 476-1336	criddersam300x2@aol.com	2020
Luke Smith	540 290-0157	luke.benjamin.smith@gmail.com	2020
Ed Pruitt	540 414-1810	edandportia@gmail.com	2021
Mike Barnes	540 290-0157	mikeandvickie@verizon.net	2020
Michelle Mantel	508 274-1615	mrsmantel@yahoo.com	2021
Gwen Prather	434 953-0645	gwendolynprather322@yahoo.com	2019

Agape: Expressions of Love

Our spring walks are quickly approaching. Please consider making one of your acts of Agape Love the giving of yourself in service to the pilgrims and community!

Agape Gifts: Remember how special you felt as you received your Agape gifts during your walk. You may drop your completed Agape off at camp. Please make enough for 50 for each walk (100) If you have any questions please contact Mary Jeffries

Walk Events: Gwen Prather

Refreshments: Ginny Bowman

Set-up/Clean-up: Stan Michael This can also be done online at:

ShenandoahValleyEmmaus.org with instant submission buttons and confirmation!

Help Them Sleep!

This spring we are conducting an experiment with white noise in the cabins to help pilgrims and team to sleep through the, ahem..., other noise.

If you have an old cell phone that is destined for trash or recycling let us help. No sim card is needed and there is no wifi on Agape Hill so it cannot function as a communication device. But preliminary tests show it can make excellent white noise with a free app. If you can help, be sure to remove all personal data from the phone and its password (or provide the password and we will remove it.) Deliver the phone to Ron Robey or bring it to camp on Thursday Send-off. We will get the white noise app on it as quickly as possible and in service in the cabins.