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This newsletter is mailed to those who do not use email and will be posted on the ShenandoahValleyEmmaus.org website. If you have received this printed edition and use email, it would be very helpful to have your email address. Over time, this saves the community considerable time and expense. It will also get information to you more quickly since the newsletter is published only several times a year and email updates are semi monthly. Please email Ron Robey at Robeyhome@gmail.com with your updated information.

Emmaus Walks

Men's Walk #109, October 6-9, 2022

Women's Walk #110, October 13-16, 2022

Men's Lay Director— Scott Dodrill Women's Lay Director— Tanya Eppard
Full teams and Pilgrims will be listed on our web site: ShenandoahValleyEmmaus.org

We're Walking Again!

Team Training is already in place and happening. Please pray for Men's Walk #109 led by Scott Dodrill and for the Women's Walk #110 led by Tanya Eppard. Pray for the pilgrims that God is going to send to these teams; those who have been thinking about coming; that they will think no more, but will act on the nudging of the Holy Spirit.

Pray for the protection of all. The evil one loves to produce chaos in the lives of the faithful. Pray that each person, pilgrims as well as team members will experience the love and grace of God like they have never experienced it before.

Remember when you walked and learned of the prayers being offered up for you by folks you didn't know or will ever have the pleasure of meeting. That was pretty powerful for me, looking at all those names and asking why. Why would someone do that for me? That's grace. The last thing on Jesus' mind was you; that's grace.

De Colores,
Vicki Barb, Community LD, Walk #38

September 17 Picnic Gathering at Overlook Picnic Shelter 11:30 check-in, Eat at Noon

Enjoy some great fellowship, great food, joyful singing and wonderful inspiration You can even remember your baptism with a dip in the swimming lake if you like!

Bring a dish to share. Tea, water, and lemonade and table service are provided.



We will pray for our teams and pilgrims, share ways you can be supportive of the Walks, and feast with the Lord at His table!

Walk Weekend Schedule

In case you forgot!

Thursday
6:30 Pilgrim Check-in
7:00 Send—Off & Sponsors' Hour
Saturday
8:00 Candlelight
Sunday
4:30 Closing

[Sponsor Kits](#) are available online. There is even online registration you can share with your pilgrim. Need a Sponsor Kit mailed?

Leave a voice message with name and address at 540 434-3539 for Ron Robey.

We Need YOUR Help for these Walks

It takes hundreds of people pulling together to conduct a Walk!

You can volunteer to help through signups at the Gathering, or ShenandoahValleyEmmaus.org (see back)

Agape— Reminders of God's Unconditional Love

Everyone is invited to make some agape for the upcoming Emmaus walks.

We would probably need about 55 pieces per walk. Also anyone having soaps or shampoos or toothpaste from spending time on cruises or in hotels please bring them to the agape room or send with anyone who is coming to the picnic next month. God bless and thank you.

The Agape room fairies

Getting Ready for the Walks! Help!!

Besides the preparations of the teams, there is a lot to get ready by the community. Check in with the following leaders serving on the Board to let them know you can help!



Agape- Penny Burracher 540 244-2058 M

Prayer Vigil- Marlene Chandler 540 421-2485 M
"Prayer vigil sign up lists can also be accessed by going to the Shenandoah Valley Emmaus Community Facebook group page and clicking on the link that will take you directly to the community page so folks can get to the prayer vigil lists quickly with a single click."

Special Events- "No Board leader presently"
We'd love to talk with you if you are interested in serving on the Board in this capacity.

You may sign up to be a leader on one of the Walks for Saturday Servers, Send-Off & Candlelight M.C.

Refreshments- Ellen McDorman 540 746-5046 M
Thursday & Sunday (Sandwiches) Snack Tables, Ice Cream Socials

Set-up & Clean-up- Randy Robinson 540 810-2692 M
Sponsor's Hour, Candlelight, or Closing

You can sign up for any of these community service roles at

[Emmaus Walk Events Sign-up Lists](#)

In case you had forgotten, **it takes a village to raise a Walk!**

Our Emmaus Board Needs YOU!

Serve on a Board? Who, me!? The Emmaus Board is different from many. It is family, your brothers and sisters willing to help out to make sure we have Emmaus leadership and experiences. Without these volunteers there would be no Emmaus Walks, Gatherings, and Agape! They are the ones who figure out how to handle pandemics and other unexpected surprises as well!

Volunteers for the Board serve a 3 year term and generally manage one of the various work areas. You can see who is currently serving and how at (click on position) ShenandoahValleyEmmaus.org. Responsibilities currently open include: Asst. Community Lay Director, Walk Events, Music, Outreach & Nominations. Call Vicki for more info or to express interest.

Meetings last generally about 30-45 minutes following a Gathering. The Board has met via Zoom during the worst of Covid. Contact the Community LD for more info or to place your name (or a friend's) in nomination.

We hope you will say, "**Here Am I, Send Me!**"

Contact Us!

Community Lay Director 2022

Vicki Barb

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Community Address c/o Tim Armentrout

57 Hamshire Way

Fishersville, VA 22939-2140

Web: ShenandoahValleyEmmaus.org

FB: [ShenandoahValleyEmmaus Community](https://www.facebook.com/ShenandoahValleyEmmausCommunity)

The Upper Room— Where Disciples Gathered with Jesus

Matthew 26: 17-30

We remember the story well how Jesus broke bread with his followers on that last night together. Though they did not fully understand everything, He revealed Himself to them in a deep and life changing way. We have Upper Room experiences frequently on our Emmaus Walks! Is it any surprise that the Walk to Emmaus is organized through The Upper Room Ministries!?

More than that, the Upper Room publishes a host of devotional and study materials. One example from the Daily Upper Room Devotional follows below:

Going in Circles, Tues., Aug. 30, 2002

Read Exodus 13:17-22

When Pharaoh let the people go, God didn't lead them by way of the land of the Philistines, even though that was the shorter route. God thought, If the people have to fight and face war, they will run back to Egypt. (CEB)

"I often become anxious when entering a traffic circle. It is especially challenging when I approach my desired exit but am in the wrong lane. Verrring from one lane into the next usually brings a blast of horns from other drivers, so the only option is to stay in my lane and keep driving until I find a way to cross over.

The Exodus story describes the Hebrew people wandering in the wilderness. When they left Egypt, God led them along a path that preserved them from threats so that they would not want to return to Egypt but rather would be prepared to enter the Promised Land. God did not leave them alone but went ahead of them in a pillar of cloud by day and a pillar of fire by night to show them the way. Going in circles for 40 years until the reached the Promised Land allowed the Hebrew people to learn to trust God.

Though we may sometimes find ourselves going in circles, we can trust that god has not left us alone but is with us, often in remarkable ways. Prayerful attention to God's presence allows us to exit the circle and find our path to God.

Prayer: Dear God, we quiet ourselves before you and open our hearts to your Spirit. Help us to pay attention to your promptings that say, "This is the way; walk in it"

By Graham N. West (Wisconsin)

Visit <https://www.upperroom.org/devotionals> to order your own copy or view online. Great help for your Study & Piety!



Prayer is vital in our journey of faith. It keeps us and others connected to the source of life, God. If you would like to participate in this new prayer ministry, email -

SVECPrayerWarriors@gmail.com.

Be sure to leave your name and we will add you to the team. Or, contact Eva Selwyn, our Communications Chair. 540 335-2260 or EvaSelwyn@yahoo.com.

Do you need prayer? Email your request to SVECPrayerWarriors@gmail.com. Your email will be forwarded to each of the team who will lift you in prayer.