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This newsletter is mailed to those who do not use email and will be posted on the [ShenandoahValleyEmmaus.org](http://ShenandoahValleyEmmaus.org) website. If you have received this printed edition and use email, it would be very helpful to have your email address. Over time, this saves the community considerable time and expense. It will also get information to you more quickly since the newsletter is published only several times a year and email updates are semi monthly. Please email Ron Robey at [Robeyhome@gmail.com](mailto:Robeyhome@gmail.com) with your updated information.

## Emmaus Walks

### Men's Walk #109, October 6-9, 2022

### Women's Walk #110, October 13-16, 2022

Men's Lay Director— Scott Dodrill

Women's Lay Director— Tanya Eppard

Full teams and Pilgrims will be listed on our web site: [ShenandoahValleyEmmaus.org](http://ShenandoahValleyEmmaus.org)

### Mountain Top Experience

Do you remember your experience on God's Mountain when you walked? I sure do and that was in 2001, just after 9-11. If we couldn't trust God then, who could we trust?

I remember my experience to be more like Pentecost, after I realized what Pentecost was all about! Yes, it is a celebration and that is exactly what our time on God's Mountain is...a celebration! Celebrating His goodness and His Almighty Love and grace!

I hope you have someone in mind for the Fall Walks; Women's and Men's; someone you would want to share in their experience with and celebrate. If not, then please pray for these walks, they have been waiting for two years and now is the time to bathe these walks in prayer.

Hope to see you on God's Mountain! Let's experience this Pentecost together!

De colores,  
Vicki Barb, Community LD

### July 9 Picnic Gathering at Overlook

It has been over 2 years since we last welcomed the next speaker with *Sing Alleluia to the Lord*.

Once again the Overlook Dining Hall will be transformed into both the Dining Room and the Talk Room.

Here is the plan....

11:30 Arrive at Camp with a potluck dish for an air conditioned picnic in the dining room. It will really be potluck since none of us know what the other is bringing!

12:00 Singing grace and calling of the tables to go through the picnic line

1:00 Closing Grace, clear what remains on tables and focus on the Talk Room

1:05 Praise songs to focus our hearts and minds!

1:20 Sing Alleluia for the speaker for one of the 15 Emmaus Talks.

*Which one do you need to hear the most? Who do you think will be God's spokesperson? What will be the focus of the discussion around your table following the Talk? There is only one way to find out. Be there!*

2:00 Gathering will conclude with Holy Communion



### You Can Be an Ananias

Without Ananias responding to the call, Paul may have remained a blind, hopeless man. In spite of the risks, he reached out to Paul helped him to see Christ's love and be filled with the Holy Spirit. Then a new and significant leader of the Church developed. Acts 9:10

Isn't that what sponsors do for friends, family, or neighbors when they invite them to experience the Walk to Emmaus?



This is the time for you to heed God's call and reach out to someone who will benefit from the transforming 3 days. Potential pilgrims need time to think about it, clear their schedules and make necessary arrangements to be free to walk with Christ to Emmaus.

[Sponsor Kits](#) are available online. There is even online registration you can share with your pilgrim. Need a Sponsor Kit mailed?

Leave a voice message with name and address at 540 434-3539 for Ron Robey.

### Team Openings-

Some team members of 109 and 110 are not able to serve this fall as they were first scheduled over a year and a half ago .

If you are interested, please contact the Lay Directors or complete the Team Application online at [ShenandoahValleyEmmaus.org](http://ShenandoahValleyEmmaus.org). They will review the submissions as they try to fill vacancies.



Prayer is vital in our journey of faith. It keeps us and others connected to the source of life, God. If you would like to participate in this new prayer ministry, email -

[SVECPrayerWarriors@gmail.com](mailto:SVECPrayerWarriors@gmail.com). Be sure to leave your name and we will add you to the team. Or, contact Eva Selwyn, our Communications Chair. 540 335-2260 or [EvaSelwyn@yahoo.com](mailto:EvaSelwyn@yahoo.com).

**Do you need prayer?** Email your request to [SVECPrayerWarriors@gmail.com](mailto:SVECPrayerWarriors@gmail.com). Your email will be forwarded to each of the team who will lift you in prayer.

## Getting Ready for the Walks!

Besides the preparations of the teams, there is a lot to get ready by the community. Check in with the following to let them know you can help!

- Agape- Penny Burracher 540 244-2058 M
  - Prayer Vigil- Marlene Chandler 540 421-2485 M
  - Special Events- "No Board leader presently"
  - Saturday Servers, Send-Off & Candlelight M.C.s
  - Refreshments- Ellen McDorman 540746-5046 M
  - Thursday & Sunday (Sandwiches) Snack Tables, Ice Cream Socials
  - Set-up & Clean-up- Randy Robinson 540 810-2692 M
- In case you had forgotten, **it takes a village to raise a Walk!**

## Reunion Groups— Strength for your Fourth Days

Over the last couple of years we have all experienced isolation, unusual challenges, even loss that pierces our hearts. When you need some encouragement or support, *Who ya gonna call? Ghost Busters? NOT*

These are the very times we need connection with our reunion groups which was encouraged during our Emmaus Walks. Don't have one? Pull in a few friends, brothers and sisters in faith, fellow Emmaus folk. The "Reunion Group" has an Emmaus flavor but participants do not have to have attended Emmaus. It might even be a good opening for inviting someone at the right time. Small covenant groups have a history that goes beyond Emmaus and can be an integral part of our faith journey

## Gathering on August 6 Front Royal Presbyterian Church

This is a locally hosted Gathering for all to enjoy. Not all the details are worked out but they will be shared through eBlasts, and [ShenandoahValleyEmmaus.org](http://ShenandoahValleyEmmaus.org). If you do not have digital access call one of the phone numbers in this newsletter after July 9th. Please reserve the date!

### Contact Us!

Community Lay Director 2022  
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There was a moment when Moses had the nerve to ask God what his name is. God was gracious enough to answer, and the name he gave is

recorded in the original Hebrew as **YHWH**.

Over time we've arbitrarily added an "a" and an "e" in there to get YaHWeH, presumably because we have a preference for vowels.

But scholars and Rabbi's have noted that the letters YHWH represent breathing sounds, or aspirated consonants. When pronounced without intervening vowels, it actually sounds like breathing.

YH (inhale): WH (exhale)

So a baby's first cry, his first breath, speaks the name of God. A deep sigh calls His name – or a groan or gasp that is too heavy for mere words.

Even an atheist would speak His name, unaware that their very breath is giving constant acknowledgement to God.

Likewise, a person leaves this earth with their last breath, when God's name is no longer filling their lungs. So when I can't utter anything else, is my cry calling out His name? Being alive means I speak his name constantly. So, is it heard the loudest when I am the quietest?

In sadness, we breathe heavy sighs. In joy, our lungs feel almost like they will burst. In fear we hold our breath and have to be told to breathe slowly to help us calm down. When we're about to do something hard, we take a deep breath to find our courage.

When I think about it, breathing is giving Him praise. Even in the hardest moments!

This is so beautiful and fills me with emotion every time I grasp the thought. God chose to give himself a name that we can't help but speak every moment we are alive. All of us, always, everywhere. Waking, sleeping, breathing, with the name of God on our lips.

*By Sandra Thurman Caporale, Memorial Church of Christ, Houston, TX*

## Our Emmaus Board Needs YOU!

Serve on a Board? Who, me!? The Emmaus Board is different from many. It is family! Your brothers and sisters willing to help out to make sure we have Emmaus leadership and experiences. Without these volunteers there would be no Emmaus Walks, Gatherings, and Agape! They are the ones who figure out how to handle pandemics and other unexpected surprises as well!

Volunteers for the Board serve a 3 year term and generally manage one of the various work areas. You can see who is currently serving and how at (click on position)

[ShenandoahValleyEmmaus.org](http://ShenandoahValleyEmmaus.org). You will note some openings with more to come by the end of the year. Moves and the pandemic have had an impact.

Responsibilities currently open include: Asst. Community Lay Director, Walk Events, Music, Outreach & Nominations. Call Vicki for more info or to express interest.

Meetings last generally about 30-45 minutes following a Gathering. The Board has met via Zoom during the worst of Covid. Contact the Community LD for more info or to place your name (or a friend's) in nomination.

We hope you will say, **"Here Am I, Send Me!"**